



September 8, 2009

Fellow Colleague,

We would like to extend an invitation for your intramural sports flag football participants to partake in the 2009 State of Illinois Flag Football Tournament hosted by Northern Illinois University. The tournament is scheduled for the weekend of October 23rd-25th. The tournament is open to men's, women's, and co-rec teams, but is limited to the first 18 men's, 6 women's and 6 co-rec teams that register.

Enclosed you will find tournament information and registration forms for the 2009 State Tournament. More information can be found on our website at <http://www.recservices.niu.edu/recreationservices/intramural/index.shtml>. We would appreciate your assistance in disseminating this information to the students that utilize your programs and services.

Tournament format will be pool play followed by a single elimination tournament with teams guaranteed a minimum of two games. There are no restrictions on the number of teams that may represent a single institution. Remember, this tournament is not just for campus champions or all-star teams!

Thank you for your time and cooperation. If you have any further questions, please contact us directly at either 815-753-0516 or at mtlewis@niu.edu. We hope to see your institution represented at this year's tournament!

Sincerely,

Matt Lewis
Tournament Director

2009 State of Illinois Flag Football Tournament

TOURNAMENT INFORMATION

ENTRY DEADLINE AND FEE:

Entry Form and Registration Fee are due Wednesday, October 9th, 2009

- **\$200.00 / Team Early Registration**

Final Deadline: Due Wednesday, October 16st, 2009 with late registration fee

- **\$225.00 / Team Deadline**

**Both must be payable to: Northern Illinois University

** We will only accept a Money Order or University Check

DIVISIONS:

Men's, Women's, and Co-Rec (Roster limit of 15 players for men's and women's division, 16 for co-rec)

TOURNAMENT STRUCTURE:

Pool play will be comprised of three or four team leagues. Teams are guaranteed a minimum of two (2) games. For pool play tiebreaker procedures, please refer to the Tournament Rules page.

TOURNAMENT LOCATION:

Northern Illinois University Recreation Fields

CAPTAIN'S MEETING (Mandatory! MUST Attend ONE):

Friday, October 23rd at 6:00 p.m.

Chick Evans Fieldhouse 150

Saturday, October 24th at 7:30 a.m.

Chick Evans Fieldhouse 128

HOTELS:

Hotels for the tournament are listed below, **when making room reservations, please ask about the State of Illinois Flag Football Tournament rate.**

Travel Lodge
1116 W. Lincoln Hwy
DeKalb, IL 60115
(815) 756-3398

Best Western
1212 W. Lincoln Hwy
DeKalb, IL 60115
(815) 758-8661

Reserved until Friday, October 9th

***Mention the State Flag Football Tournament!**

CHECK-IN:

Please check-in at the Registration Table in the Student Recreation Center on Friday, October 23rd from 5:00 – 7:00 p.m. or Saturday, October 24th from 7:15 a.m. – 8:15 a.m.

2009 State of Illinois Flag Football Tournament

TEAM ROSTER FORM

This is to confirm our participation as a team at the 2009 State of Illinois Flag Football Tournament to be held on the campus of Northern Illinois University, October 23rd–25th, 2009. I am aware that all participants must secure their own personal travel insurance.

College/University: _____ School Nickname/Mascot: _____

Please Circle One: Men's Division Women's Division Co-Rec Division

Team Name: _____ Team Captain: _____

Captain E-Mail: _____ Phone: (_____) _____ - _____

Address: _____

City: _____ State: _____ Zip: _____

Recreational Sports Director: _____ E-Mail: _____

Phone: (_____) _____ - _____ Fax: (_____) _____ - _____

Early Registration Fee Deadline:	Final Registration Fee Deadline:
October 9 th , 2009 (must be received by this date)	October 16 th , 2009 (must be received by this date)
\$200.00	\$225.00

Mandatory Captain's Meeting Information (Please Circle...MUST ATTEND ONE):

October 23rd, 2008 @ 6:00 p.m.
October 24th, 2008 @ 7:30 a.m.

Chick Evans Fieldhouse Room 150
Chick Evans Fieldhouse Room 128

Method of Payment: **University Checks and Money Orders payable to: Northern Illinois University
University Check Money Order

Registration Procedure:

- | | |
|--|---|
| <p>1. Mail this application, team roster/waiver and registration fee to:</p> <p style="margin-left: 40px;">Northern Illinois University
Recreation Services
C/O: Matt Lewis
DeKalb, IL 60115</p> | <p>2. Please fax the team registration form prior to mailing to secure a spot and confirm payment. (815) 753-0245</p> <p>3. Entry fees are non-refundable (Unless a team does not get into the tournament).</p> |
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*MUST be received by, not postmarked by, above deadlines.

2009 State of Illinois Flag Football Tournament

TEAM ROSTER FORM

Incomplete forms or entries submitted without an entry form, entry fee, or Intramural Sports Director signature will **NOT** be accepted. An “original” player certification form must be received by the entry deadline of October 16th, 2009.

Team Member	Year	Former Collegiate Varsity Player	Listed on Varsity/NIRSA Roster Prior to 03/04 yr.	E-Mail Address	Phone Number
1	_____	_____	YES / NO	YES / NO	_____ () - _____
2	_____	_____	YES / NO	YES / NO	_____ () - _____
3	_____	_____	YES / NO	YES / NO	_____ () - _____
4	_____	_____	YES / NO	YES / NO	_____ () - _____
5	_____	_____	YES / NO	YES / NO	_____ () - _____
6	_____	_____	YES / NO	YES / NO	_____ () - _____
7	_____	_____	YES / NO	YES / NO	_____ () - _____
8	_____	_____	YES / NO	YES / NO	_____ () - _____
9	_____	_____	YES / NO	YES / NO	_____ () - _____
10	_____	_____	YES / NO	YES / NO	_____ () - _____
11	_____	_____	YES / NO	YES / NO	_____ () - _____
12	_____	_____	YES / NO	YES / NO	_____ () - _____
13	_____	_____	YES / NO	YES / NO	_____ () - _____
14	_____	_____	YES / NO	YES / NO	_____ () - _____
15	_____	_____	YES / NO	YES / NO	_____ () - _____
16	_____	_____	YES / NO	YES / NO	_____ () - _____

Coaches: _____ **Coaches:** _____

*E-Mail Addresses and Phone Numbers will not be sold or shared with other parties. E- Mail Addresses and Phone Numbers are used for tournament communication, research, and evaluation.

- **In the event that the tournament is cancelled due to ANY circumstances beyond our control, expenses WILL NOT be refunded.**
- **Entry fees are NON-refundable (Unless a team does not get into the tournament).**

2009 State of Illinois Flag Football Tournament

ELIGIBILITY GUIDELINES

- All teams may be Intramural Champions or teams designated by their respective institutions from any two [2] or four [4] year degree-granting college or university.
- Teams representing military installations are also eligible to compete, with all members of these teams consisting of persons that are assigned to that respective military installation.
- Faculty/Staff members of a respective institution are allowed to compete for that institution if that institution's intramural program policies permit such action in the course of operating their program on their respective campus.
- Alumni are not allowed to represent an institution regardless of any institution's intramural program policies permitting such action in the course of operating their program on their respective campus.
- No women are allowed to participate on a men's team, and no men are allowed to participate on a women's team.
- Each member of a team must meet the following:
 1. Enrolled student with a minimum of ½ full-time enrollment as an undergraduate or minimum of six hours as a classified graduate student of the representing institution, throughout the NCCS event.
 2. Not listed as a member of a varsity sport (or on "Squad List") in the same or related activity and gender during the 2008-09 academic year.
 - ✦ Exceptions will be granted for players who were listed on a "Squad List" for less than 3 weeks.
 3. Teams are limited to the following number of former varsity player(s) (A former varsity player is defined as a student who has been listed on the "school's varsity squad list" for any 2 year or 4 year college/university team for greater than three weeks):
 - ✦ Flag Football – 2
 4. Never been declared a professional player in the same or related activity.
 5. All players must present their valid University ID card prior to participation in each contest.
 6. For NCCS events that occur during an academic break, the preceding semester/quarter will be used to determine eligibility.

NCCS NATIONAL CHAMPIONSHIP ELIGIBILITY

1. Players must be enrolled for the minimum number of credit hours, at least 45 days prior to the start of the championship event.
2. If a player is a graduating senior, and taking less than the required hours to fulfill their graduation requirements, submit a letter from the registrar along with the registration materials stating that the player will be graduating the same term as the event.
3. A professional athlete is one who receives any kind of payment, directly or indirectly, for athletics participation or who has participated with a professional team.
4. All quarter-school players must meet the eligibility requirements of 1/2 full-time enrollment for both the winter and spring quarters.

All other eligibility rules are governed by Western Illinois University's Intramural Sports program. In all cases related to written (or unwritten) rules, policies, procedures, and administration of the tournament, the director will make the final decision!

For eligibility questions, please call (815) 753-0516

2009 State of Illinois Flag Football Tournament

TOURNAMENT RULES

Tournament games will be conducted under the rules of the 2008-09 NIRSA Flag and Touch Football Rules with a few exceptions. Listed below is a quick overview of the rules.

The Game

- Playing time shall be 48 minutes, divided into 4 periods of 12 minutes each.
- Halftime shall be 5 minutes long.
- The clock will run continuously until the last 2 minutes of the 2nd and 4th periods, as well as all dead ball situations.

The Field

- The field shall be 100 yards by 40 yards, including two 10 yard end zones. The length of the field shall be lined at 20 yard intervals from goal line to goal line.

Teams

- A team shall consist of 7 players on the field for men's and women's competition and 8 players for co-recreational competition.
- To avoid a forfeit, a team must have at least 5 players to start the game in men's and women's competition (6 for co-rec).

Start of the Game

- A coin toss shall determine the first option to begin the game.

Substitutions

- Players may enter or leave the game an unlimited number of times. Substitutions may only enter during a dead ball.
- Substitutes must enter and leave the field from their respective sideline.

Time-Outs

- Each team is allowed 3 time-outs per half. These time-outs shall be 1 minute in length, and unused time-outs from the first half do not carry over to the second half.

Scoring

- Touchdown = 6 points
- Rushing touchdown by a female or passing touchdown involving a female in co-rec = 9 points
- Safety = 2 points
- Try from 3 yard line = 1 point, 10 yard line = 2 points, 20 yard line = 3 points
- Return of an intercepted Try = 3 points

Mercy Rule

- If a team is 19 (25 for co-rec) or more points ahead when the referee announces the 2 minute warning during the 4th period, the game is over.
- The same rule applies if a team scores inside 2 minutes with this differential.

Pool Play Tiebreaker

- Refer to the 2008-2009 NIRSA Flag Football Rule Book.

Overtime

- In the case of a tie, a coin toss shall determine first possession.
- The options are the same as the start of the game. If additional overtime periods are necessary, teams shall alternate choices.
- Both teams will go in the same direction.
- Each team will be given 4 downs from the same 10 yard line.
- Extra points will be attempted as in regulation play.
- If the defense intercepts the ball and returns it for a touchdown, the game is over. If the interception is not returned for a score or ends the game, the ball will be placed on the 10 yard line and 4 downs will be awarded.
- Each team is entitled to 1 additional time-out only, during the entire overtime period.

Player Equipment

- Teams must bring their own jerseys with numbers. It is a good idea to bring light and dark jerseys. If a team does not have a jersey or two teams show up with like colored jerseys, pennies will be provided. Jerseys must stay tucked in or be at least 4 inches above the flag belt line.
- Shorts or pants **can not** have pockets, any exterior drawstrings or metal fasteners.
- Shoes must be closed toed athletic shoes. Steal cleats are not allowed.
- The use of headgear, jewelry, body pads, or any unyielding or dangerous equipment is prohibited.
- Headwear containing any hard, unyielding, stiff material, including billed hats, or items containing exposed knots are not allowed.
- Flag belts will be provided.

Sportsmanship Standard

- Any participant (player, fan, or coach) ejected for unsportsmanlike conduct will be suspended from the team's next game and must meet with the director prior to their next scheduled game.
- Any participant ejected for intentionally contacting a game official will be suspended for the remainder of the tournament.
- The second unsportsmanlike foul by the same player or non-player results in the disqualification of that player.
- An individual will be eliminated from the tournament upon receiving his/her third unsportsmanlike penalty.
- The fourth unsportsmanlike by the same team results in a forfeiture of the game.
- A team will be eliminated from the tournament upon receiving its fifth unsportsmanlike penalty.

2009 State of Illinois Flag Football Tournament

DRIVING DIRECTIONS

Northern Illinois University Maps & Driving Directions

Directions From the West

From I-90: Exit onto State Route 20 East. From 20 East, take Rt. 47 South to Rt. 38. Take Rt. 38 West approximately 15 miles to DeKalb.

From I-88: Take Annie Glidden Road Exit (\$1.10 cash toll, \$.55 I-Pass). Annie Glidden to Stadium drive turn right on Stadium , Chick Evans Fieldhouse will be on your left.

Directions From the East

From I-90: Exit onto Rt. 47 South. Take Rt. 38 West approximately 15 miles to DeKalb.

From I-88: Annie Glidden Road Exit (\$1.10 cash toll, \$.55 I-Pass). Annie Glidden to Stadium drive turn right on Stadium , Chick Evans Fieldhouse will be on your left.

Directions From the South

From I-39: Exit I-39 to I-88 East. Travel I-88 East to Annie Glidden Road Exit (\$1.10 cash toll, \$.55 I-Pass). Annie Glidden to Stadium drive turn right on Stadium , Chick Evans Fieldhouse will be on your left.

From SR 23: Travel north to Rt. 38 (intersection of 4th St. and Lincoln Highway in DeKalb). Turn left (West) on Rt. 38 to Annie Glidden turn right on Annie Glidden, Annie Glidden to Stadium drive turn right on Stadium , Chick Evans Fieldhouse will be on your left.

Directions From the North

From I-39: Exit onto I-88 East. Travel I-88 East to Annie Glidden Road Exit (\$1.10 cash toll, \$.55 I-Pass). Annie Glidden to Stadium drive turn right on Stadium , Chick Evans Fieldhouse will be on your left.

From SR 23: Travel south to Rt. 38 (intersection of 4th St. and Lincoln Highway in DeKalb). Turn right (West) on Rt. 38 to Annie Glidden, Turn right on Annie Glidden, Annie Glidden to Stadium drive turn right on Stadium , Chick Evans Fieldhouse will be on your left.

General NIU Phone: (815) 753-1000

Recreation Services: (815) 753-0231

www.recservices.niu.edu

2009 State of Illinois Flag Football Tournament

OFFICIALS' FORM

NAME: _____ INSTITUTION: _____

PHONE: _____ E-MAIL: _____

Flag Football Officiating Experience

How many years have you officiated flag football with Intramural Sports/Recreation? _____

Have you officiated at any State Tournaments? YES NO

Have you officiated at any Regional Tournaments? YES NO

Have you officiated at the National Tournament? YES NO

Shirt Size: (circle one) S M L XL XXL XXXL

Do you have any special dietary needs? _____

IMPORTANT INFORMATION

- There will be a MANDATORY Officials' Clinic on Friday, October 23rd from 6:00 – 8:00 p.m. in Chick Evans Fieldhouse room 128.
- Officials will be provided lodging and meals during the tournament.
- Preference given to officials who have teams participating in the State Tournament.
- **Form is due by Wednesday, October 7th. Officials notified by Fri., October 9th.**

To be completed by the Intramural Sports/Recreation Professional:

Name: _____ Phone: _____

Fax: _____ E-Mail: _____

Please Rate this Official on a scale of 1 – 5 in the following areas:

(1 = Highly Competent, 2 = Very Competent, 3 = Average, 4 = Below Average, 5 = Poor)

General Flag Football Officiating Ability _____

3-Person Mechanics _____

4-Person Mechanics _____

Game Mechanics _____

Game Management _____

Any Additional Comments: _____

***Please fax form to: John Washo Officials Committee Chair and Assistant Director at DePaul
University. Fax: 773-325-7812 Phone: 773.325.4556 E-Mail: jwasho@depaul.edu**

2009 State of Illinois Flag Football Tournament

OFFICIALS' INFORMATION

Northern Illinois University Recreation Services is excited to host the State of Illinois Flag Football Tournament. We will be selecting 20 Officials from the pool of candidates. This sheet is designed to be informational for those selected to officiate the event October 23-25, 2009.

- I. There will be a mandatory meeting for all Officials on Friday, October 23 at 6:00 p.m. The meeting will take place in Chick Evans Fieldhouse Room 128. Please make sure you are on time. The meeting will run until approximately 8:00 p.m. Also, please make sure you are in clothes you can move around in.

- II. Perks for officials. I am happy to announce that there are several benefits for you working this tournament. They include:
 - a.) Verbal and written feedback from NIRSA professionals and graduate assistants on the games you work that is designed to help you learn and grow as Officials.
 - b.) Free lodging at Travel Lodge, quad occupancy. Continental breakfast included.
 - c.) Use of Recreation Center throughout the event.
 - d.) Dinner on Friday and Saturday evenings.
 - e.) Lunch on Saturday and Sunday afternoons.

- III. Tournament Uniforms – As tournament officials, you will need:
 - a.) Black pants or shorts (wind pants are acceptable)
 - b.) Black shoes or cleats
 - c.) Officials shirt(s)
 - d.) Whistle and Lanyard
 - e.) Two (2) penalty flags
 - f.) Black hat
 - g.) One (1) bean bag (optional)
 - h.) One (1) down indicator (optional)
 - i.) Officials coat (optional)
 - j.) Black gloves (optional)

Dress accordingly for the weekend. You will be required to have your official's shirt visible during games. Black undershirts and long sleeve shirts underneath your official's shirt are acceptable.